


THE PINES TIMES! ISSUE 12



AUTUMN/WINTER NEWSLETTER

 Have we got your up to date mobile number?



From 1st October we welcome a new Advanced Nurse Practitioner (Minor Illness) to the team—She will be available Mon/Tues/Weds/Friday.

CARERS



Do you look after someone close who could not manage without you?

If so, you may be a carer?

Carers provide help and support to a partner, relative, child, friend or neighbour who could not manage without your help due to physical or mental illness, disability, frailty, life-limiting illness or addiction.

Get the help you deserve.

Your GP is there to help you. Speak to the reception staff and identify yourself as a carer or discuss it with your doctor or nurse.

Once practice staff know you are a carer they may be able to offer you further assistance, such as a free flu vaccination and information on available support.

Please see our notice board in the waiting room for support groups and Carers Café dates and lunch clubs



Get your
NHS FLU JAB
» HERE «

The flu vaccine reduces the risk of serious illness.

BOOK NOW
Providing NHS Services 

Sorry We're
CLOSED

PLEASE NOTE: WE ARE CLOSED FOR STAFF

TRAINING FROM 12:30PM ON:

Wednesday 12th September 2018

Wednesday 10th October 2018

Wednesday 14th November 2018

Wednesday 5th December 2018

If You Require Urgent Medical Assistance Whilst The Surgery Is Closed Please Call NHS 111

FLU CLINIC—Call 01604 844117



We are sorry to be saying goodbye to Dr Haakonsen who is leaving us. We wish her all the very best for the future.

Online Services

You can book appointments, order repeat prescriptions and view your medical record by registering for online services. Please ask for a registration form from reception

Book appointments online

Renew prescriptions online

View your GP record online

Patient Online
Giving you more choice in accessing GP services

GP APPOINTMENT?
CAN'T MAKE IT?
DON'T NEED IT?

CANCEL IT!

IN AUGUST

121

PATIENTS DID NOT ATTEND THEIR APPOINTMENT

This equates to 1720 Minutes of a Doctor or Nurses time that could have been spent helping other patients

IF YOU CANNOT ATTEND PLEASE LET US KNOW SO THAT WE MAY ALLOCATE THE APPOINTMENTS TO OTHER PATIENTS IN NEED. THANK YOU.

Are you a former member of the armed forces?

Get access to priority treatment if your condition relates to your time in service

Choose well.

A&E or 999
Choking, chest pain, black outs, blood loss.

Walk-in-Centre
Cuts, bites, strains.

GP
Vomiting, ear pain, painful cough.

Pharmacist
Upset stomach, runny nose, headache.

NHS 111
Unwell? Unsure? Need Help?

Self Care
Hangover, grazed knee, sore throat, cough.

CAR PARK

The surgery would ask patients to please be mindful of how and where you park your vehicle when using the surgery car park.

Under no circumstances should the Doctors parking bays be blocked as Doctors have to deal with emergencies

PLEASE PARK RESPONSIBLY

E.P.S. Electronic Prescription Service

Electronic Prescription Service
The Electronic Prescription Service (EPS) allows prescriptions to be sent direct to pharmacies through IT systems used in GP surgeries. Eventually EPS will remove the need for most paper prescriptions.

You can collect repeat prescriptions directly from your pharmacy without visiting your GP!

To use this service all you need to do is choose which pharmacy you would like your prescriptions to be sent to. To nominate to use EPS please talk to your pharmacy or to one of the receptionists.

Please be aware NOT all medications can be prescribed electronically.

For more information go to:
www.hsic.gov.uk/epspatients

CHANGE STARTS HERE. CAN WE COUNT YOU IN? P.P.G. MAKE A CHANGE

!!! DO YOU WANT TO MAKE A CHANGE !!!

Come along and join our enthusiastic and committed group members and help and support us in improving our surgery services

Next meeting
11th September 2018

For more information please ask at reception